

# CORE MORINGA™ PLANT PROTEIN

*Plant Protein Nutritional Supplement Shake Mix contains a complete protein extracted from Moringa oleifera leaves, providing each serving with 20 grams of 100% plant-derived protein. Our proprietary gluten-free, soy-free and vegan formula will help you feed your body with maximum nutrition.*

Zija has gone above and beyond industry standards to deliver the most nutritious Moringa possible. From farm to mouth, we scrutinize each step to ensure that nutrition is at the forefront of all decisions in the growing, harvesting and manufacturing processes. This includes utilizing the best locations for growing Moringa, shade drying the leaves to ensure that their nutrients remain intact, and using state-of-the-art machinery and facilities.

## COMPLETE PROTEIN FROM A PLANT

Zija's Core Moringa Plant Protein is the first product of its kind: a proprietary formulation that utilizes protein from the leaves of the Moringa oleifera tree, as well as other plants. Moringa protein far exceeds the minimum requirements of all nine essential amino acids, making it a complete protein according to the Institute of Medicine's Food and Nutrition Board.

ESSENTIAL AMINO ACID	REQUIRED MG/G TO CREATE COMPLETE PROTEIN	MORINGA PROTEIN MG/G	% OF REQUIRED
TRYPTOPHAN	7	15	214%
THREONINE	27	44	163%
ISOLEUCINE	25	51	204%
LEUCINE	55	90	164%
LYSINE	51	76	149%
METHIONINE + CYSTINE	25	32	128%
PHENYLALANINE + TYROSINE	47	103	219%
VALINE	32	64	200%
HISTIDINE	18	22	122%

## Dutch Chocolate

### Supplement Facts

28 Servings Per Container  
Serving Size 1 Packet (41g)

% DV *	Amount Per 1 Serving
	Total Calories 175
	Calories from Fat 42
3 %	Total Carbohydrates 11g
-	Sugars 0g
7 %	Total Fat 5g
	Cholesterol 0
6 %	Total Dietary Fiber 2g
40 %	Protein 20g
15 %	Sodium 365mg
5 %	Calcium 50mg
38 %	Iron 7mg

\*Percent Daily Value is based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Core Moringa Protein Blend (Pea Protein, Rice Protein, Moringa Leaf Protein), Dutch Cocoa, Xylitol, Natural Flavors, Sunflower Lecithin, Medium Chain Triglycerides, Stevia, Sodium Chloride.

## Vanilla Bean

### Supplement Facts

28 Servings Per Container  
Serving Size 1 Packet (41g)

% DV *	Amount Per 1 Serving
	Total Calories 155
	Calories from Fat 35
3 %	Total Carbohydrates 9g
-	Sugars 1g
5 %	Total Fat 4g
	Cholesterol 0
	Total Dietary Fiber <1g
40 %	Protein 20g
16 %	Sodium 365mg
5 %	Calcium 50mg
28 %	Iron 6mg

\*Percent Daily Value is based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.

**INGREDIENTS:** Core Moringa Protein Blend (Pea Protein, Rice Protein, Moringa Leaf Protein), Xylitol, Natural Flavors, Sunflower Lecithin, Medium Chain Triglycerides, Stevia, Sodium Chloride.

**DIRECTIONS FOR USE:** Blend, shake or briskly stir packet contents into 13-16 ounces of cold water until smooth and then drink.

