## **C©**RE MORINGA<sup>™</sup>

## XMpm<sup>®</sup>

The breakthrough formula in Zija's XMpm caps combines healthy Moringa with other natural ingredients to reduce stress, stabilize your mood, combat evening cravings and prepare your body for restful sleep. With Zija, you're covered both day and night.

One of the most critical components in weight loss and management is lowering your caloric intake, as well as eating the right types of calories. The average person today consumes about 300-500 more calories than he or she did just 30 years ago.

Unfortunately, most of us consume the bulk of our calories in the evening. Studies have shown that people who follow this pattern of eating later in the day tend to eat more overall, weigh more and have a higher percentage of body fat. One simple way to combat this trend is to limit our late-night caloric binges.

Zija's XMpm was formulated with the following natural botanicals, which help relax the body while providing a natural feeling of satiety-especially when faced with large meals or late-night cravings.

## Supplement Facts

30 Servings Per Container Serving Size

1 Capsule

% DV \*

**Amount Per 1 Serving** 

Chromium (Nicotinate) 5q

\*Percent Daily Value is based on a 2,000 calorie diet. Your daiy value may be higher or lower depending on your calorie needs.

INGREDIENTS: Proprietary Blend (Gymnema Sylvestre Extract, SensorilTrim® Ashwagandha (Withania somnifera) Root and Leaf Extract, Atlantic Kelp, Moringa oleifera Blend (Leaf Powder, Seed Cake, Fruit Powder), 5-HTP, Vanaduim (Citrate)), Silica, Magnesium Stearate, Chromium, Gelatin Capsule.

SensorilTrim® is protected under US Patent 6,713,092 and is a trademark of Natreon, Inc.

DIRECTIONS FOR USE: Adults take one (1) capsule 30-60 minutes before evening meal.





